

Base Bulletin Vandenberg AFB, CA 93437-0759



7 September 2005 No. 36

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items to Base Publishing Management (30SCS/SCBP) via e-mail to <u>Vandenberg Publishing</u> or fax to 606-6614 by COB Monday (the preceding Friday if a holiday occurs on Monday or Tuesday). Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. **Note:** Include a copy of the 30 SW Form 400 if applicable. All personal requests to advertise rental properties must be cleared through the Housing Office.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 606-5773. After hours, 606-9961

Safety Hazard: Dial 605-SAFE.

SECTION II — OFFICIAL

1. Team Vandenberg:

- **a. Attention All Vandenberg Patrons:** The Combined Federal Campaign will kick off 12 Sep 05 and run through 21 Oct 05. Please donate to your favorite charity through your group POC and help families in need. (30 MDSS/SGSAP, 6-5689)
- **b. AAFES Dry Cleaners/Laundry:** AAFES Dry Cleaners/Laundry will stop taking new business effective 31 Aug 05. The contractor will remain open until 15 Sep 05 so that customers can receive their cleaning items. AAFES has begun the solicitation process to establish a new dry cleaning /laundry contract for the base. If you have any questions, please contact Mr. Steve Reisbeck, AAFES General Manager, at 6-8153. (30 MSG/DSV)
- c. Job Announcement—Family Support Center Superintendent: MSgt—CMSgt with excellent administrative and computer skills required for one-deep SDI 8C000 position in Family Support Center (FSC). Must have extensive budget management expertise, background in human relations, and the ability to communicate with peers and senior leadership. All applicants must submit copies of their last three EPRs, a chronological resume (ref Tongue and Quill, AFH 33-337, 1 Aug 04), and a letter of recommendation from their Squadron Commander NLT 21 Sep 05 to 30 MSS/DPF. AFI 36-3009, Attachment 3, *Family Support Center Program*, provides criteria for Deputy Director selection. Please direct all questions to Ms. Sally Galligan, FSC Flight Chief at 6-0039. (30 MSS/DPF)
- **d. Family Liaison Officer (FLO) Training:** FLO Training will be held on 28 Sep 05 from 1000—1200 and 1400—1600 at the Vandenberg Center's Auditorium. All personnel appointed as a FLO for their squadron must attend one of these sessions. IAW AFI 34-1101, it is recommended every unit provide a minimum of two FLO representatives (one Officer and one enlisted). Units must have a current letter on file not to exceed 6 months. If units do not have current letter on file, please accomplish and forward to Mr. Carrillo. For further information, please call 6-3653. (30 MSG/SVMM)
- **e. Airmen Against Drunk Driving (AADD):** Call us; we'll be your wingman! Call AADD at 605-AADD/606-2233 for a free and anonymous ride home, Thursday through Sunday from 1700—0500. To volunteer as a driver, contact <u>VandenbergAADD@vandenberg.af.mil.</u> (AADD/Executive Council)
- **f. Military Equal Opportunity (MEO):** Under the Equal Opportunity and Treatment (EOT) program an appeal process is available to both the complainant and the accused. Appeals must be in writing and submitted through the MEO office. Only military members can file appeals. Note: Civilian employees are referred to the Chief, Equal Employment Opportunity (EEO) counselor 6-8780, regardless of the status of the alleged offender for complaint processing. For additional information relating to the EOT appeals process please call the 30th Space Wing MEO Office at 6-0370. (30 SW/ME)

2. 30th Space Communications Squadron: (30 SCS)

TEAM VANDENBERG

- a. Express Mail Service: Express Mail Service is suspended in areas damaged by Hurricane Katrina. Due to the significant network disruption and catastrophic damage caused by Hurricane Katrina, the sale of Express Mail to the following ZIP Codes is suspended: **Zip Codes:** 365-366 in Mobile AL; 369-393 in Meridian, MS; 394 in Hattiesburg, MS; 395 in Gulfport, MS; 396 in McComb, MS; 700-701 in New Orleans, LA; 703, Houma, LA; 704, Mandeville, LA. In addition, Express Mail sold between 26 Aug 05 and 29 Aug 05 to these ZIP Codes is ineligible for refunds due to Domestic Mail Classification Schedule section 182.51(h), which allows the Postal Service to deny refunds for Express Mail delayed by an "act of God". (30 SCS\SCBAP, 6-7028)
- **b. Postal Service:** Effective immediately, the Postal Service is not accepting any Standard Mail or Periodicals Mail from any source addressed for delivery within the following three-digit ZIP Code ranges: Mississippi: **369, 393, 394, 395, 396** and Louisiana: **700, 701**. This emergency action has been taken as a result of severe facility damage, evacuations, and other issues resulting from Hurricane Katrina. We are now formulating plans to address the handling of Standard and Periodicals Mail already in the mailstream and addressed for delivery to these seven ZIP Code areas. Service updates are at www.usps.com, click on Service Updates, Hurricane Katrina. (30 SCS\SCAP, 6-7028)
- **c. VAFB Telephone Directory:** The Vandenberg Webmaster has created an updated, user friendly and searchable VAFB <u>Telephone Directory</u> on the Vandenberg Intranet. This can also be accessed from the 30th Space Wing Home Page in the drop down menu, Essential Admin Tools. The accuracy of this site will be determined by the information furnished. To report any incorrect information within your Organization in the VAFB Directory on the intranet, contact <u>Darlene Reprogle</u>, Telephone Directory Administrator, at 6-5678. (Indyne)
- d. Revised IMT(s): The following IMT(s) have been revised to reflect organizational name changes: 30SW5624, Optics Video Cassette; 30SW5669A, Photographic Film; 30SW5669B, Photographic Film; 30SW5669C, Photographic Film; 30SW5672, Microfiche Label; 30SW5673, Analog Magnetic Tape (Telemetry); 30SW 5674, Strip Chart Record; 30SW 5675, Digital Mag Tape (Metric); 30SW5675A, Digital Mag Tape (Telemetry); 30SW5683, Microfilm Data; 30SW5684, Photo/Optical Data. These forms can be found on AF E-Publishing. (30SCS/SCPB, 6-7892/4)

3. Military Personnel Flight (MPF) (30 MSS/DPMP)

- **a. Weekly Update:** For the most current Personnel information, check out the <u>MPF Weekly</u> on the MPF Intranet website.
- **b. Service Group Members Life Insurance (SGMLI):** Effective 1 Sep 05 all members eligible for SGMLI will become insured for the maximum coverage of \$400,000 until they make a valid election on or after the effective date to reduce or decline coverage. Contact your CSS or MPF Customer Service at 6-2276 with any questions or concerns. See full article in MPF Weekly.

4. Civilian Personnel Flight: (30 MSS/DPCE)

Voluntary Leave Transfer Program: Employees in need of assistance Air Force-wide include: Julie Martin, Dyess AFB; Melvin Gaither, Cannon AFB; Roxanne Williams, Whiteman AFB; Robert Ray, Davis Monthan AFB; Mary Rivera and Eloise Pena, Randolph AFB; Brenda Cherry, Maxwell AFB; Christine Gadz, Rome Lab; Alicia Essex, Hanscom AFB; Taoshia Hausman, Buckley AFB; Ola Gordon, Chantily VA; Joe Dennis, HQ AIA; Angel Sablan, Anderson AFB; Brian Mangerson, and Normand Plante, Elmendorf AFB; Carol Vilcek, AF Academy; Annette Burkhardt, Scott AFB IL; Steven West, NAS JRB, Ft Worth TX, and Jan Jordan, Mildenhall, UK. Guy Nadler, Army Corps of Engineer Memphis District; and Fonda Davis Williams, Atlanta VA Medical Center is also eligible to receive donated leave. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A for Air Force employees or OPM 630-B for non-Air Force employees. Stop by Bldg 11777, Rm B-103 to pick-up and/or turn in your form. You may also access these forms online at the following website: http://www.opm.gov/forms/html/opm.asp. (30 MSS/DPCE, 6-5847)

5. 30th Security Forces Squadron: (30 SFS/SFOS, 5-0792)

Unit Security Manager Formal Training: The 30 SFS Information Security staff will conduct a "Security Managers Formal Training Course" 14—15 Sep 05 at the Airman Leadership School. All units are required to have their respective security managers formally trained within 90 days of appointment. Class hours will be 0800—1600 on both days. Contact your Unit Security Manager or SSgt Scott Wagner, Base Information Security at 6-4354 to enroll. (30 SFS/SFAI)

6. 30th Civil Engineering Squadron: (30 CES)

- **a. Facility Managers-Point of Contact Change:** Please ensure that 30 Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call Ms. Dana Willden at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 Attachment 1. The form may be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Room 109 CES Conference room. (30 CES/CEOFP, 6-0010)
- **b. Proper Ventilation:** Due to our location, mold and mildew can become a problem, but proper ventilation can prevent it. Turn on the bathroom exhaust fan and/or open a window in the bathroom during and after a shower or bath. If no window exists in the bathroom, leave the bathroom door ajar following the shower or bath and open windows in other rooms to create a cross draft for about 10 minutes. If mold and mildew manage to develop anyway, open windows in the affected area to facilitate drying, and scrub the area with a solution of one-cup bleach and one gallon of water, rinse and wipe dry. In the case of mold on painted surfaces, allow this solution to soak in before scrubbing lightly, rinsing and drying. If your carpet gets wet, dry it quickly to prevent the growth of mold under the carpet. You can use a fan directed at the wet area of the carpet to dry it and prevent the growth of mold. (30 CES/CEH, 6-3477)

7. Traffic Management Office (TMO) (30 LRS)

Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30 LRS/LGRT, 6-0904)

8. 30th Medical Group: (30 MDSS/SGSAP, 6-5688)

- **a. Clinic Closure:** The 30th Medical Group will be closed for Mandatory Medical Readiness Training the 4th Thursday of every month. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For further information, contact Capt Clemens at 6-5689.
- **b. BabyMeet:** If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group will be meeting every Wednesday, 1100—1200 at the Base Library.
- **c. Single Parent Support Group (SPSG):** SPSG is held the 1st and 3rd Tuesday of every month from 1100—1230 in the Medical Group Life Skills Conference Room, located in X-Ray Department. For more details, contact Nancy Sias at 6-8217.
- **d. Stress and Anger Management Class:** This 4 week class will provide various tools in managing difficulties in your day to day living. Class offered: 12 Sep 05 and 26 Sep 05 as well as 3 Oct 05 and 17 Oct 05. The class will be held at the Health and Wellness Center (HAWC), Bldg 8505. To enroll, go to www.php-ids.com or contact Margarita Olimpio at 6-5338 or Linda Bastine at 6-0039.

9. Air Force Reserves: (30MSS/ISR)

Briefing: The next Air Force Reserve PALACE CHASE briefing is 13 Sep 05, at 1300, in Bldg 11777, Rm C-206. If you are interested in applying for this program, you must contact MSgt Brenda Kartheiser to schedule a briefing. (AF Reserve Recruiter, 6-2704)

OFFICIAL

JACK WEINSTEIN Colonel, USAF Commander

Karen L. Dean Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750. Call 6-5565 for movie information. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Thursday	8 Sep	"Wedding Crashers"	R	1830	1900
Friday	9 Sep	"Deuce Bigalow: European Gigolo"	R	1830	1900
Saturday	10 Sep	"Must Love Dogs"	PG-13	1830	1900

b. Food Service Events: For more details contact SSgt Daniel Miller at 6-3219. (30 MSG/SVMF)
 Day Date Event Start Time Location(s)
 Tuesday 13 Sep Dining Facility Advisory Board 1000 Breakers
 Tuesday 13 Sep Quarterly Birthday Meal 1730 Breakers

- **c. Big Brothers Big Sisters:** Big Brother Big Sisters matches kids with adult volunteers who share friendship, fun and a positive role model. Come learn how to become a Big Brother or Big Sister, broaden a child's horizon, and bring a little magic into both of your lives. Our New Volunteer Orientation and Training will be held on Wednesday, 7 Sep 05 from 1100—1300 at the Family Support Center office located at 706 Washington Ave, Bldg. 10122 and also on 14 Sep 05 from 1800—1930 at the Base Library, 100 Community Loop Bldg 10343-A Vandenberg AFB CA. Please call Charlie Guzman at 735-4376 ext. 26 to learn more about becoming a Big Brother or Big Sister.
- **d. Girl Scouts:** Space and Sea Girl Scouts will be having their annual Ice Cream Social on the grassy area in front of the base bowling alley on Saturday, 10 Sep 05 from 1300—1500. All registered Girl Scouts and any girl (K-12th grade) and her parents who would like to learn more about Girl Scouts are invited to attend this free event. FMI please contact Cheryl D. Willard at 6-1119 or 736-9129. (30 CPTS/FMA)
- **e. Satellite Amateur Radio Club:** The General Membership Meeting of the SARC will be at 1300 on Saturday, 10 Sep 05. The lecture topic will be the Cal Poly Cubesat Program, presented by one of the designers of and a mentor for this satellite project, which will be placed into orbit by a rocket launched from Vandenberg AFB. The SARC Clubhouse is located at the southeast end of Bishop Road. For more information about the exciting world of Amateur Radio, contact Dennis Daniel at 937-7804 or Eric Lemmon at 733-4416.
- **f. Native American Heritage Meeting:** The next Native American Heritage Meeting will be held on 13 Sep 05 at 1000, in the new MEO conference room, bldg 10525. We will be discussing upcoming heritage observance events. (30 SCS/SCSVC)
- **g. Military and Vandenberg Appreciation Night:** Cal Poly will host a Military and Vandenberg Appreciation Night on Saturday, 17 Sep 05 at their Cal Poly versus Montana State football game. The evening begins with a free BBQ tailgate party at 1600, followed by Cal Poly versus Montana State at 1800. Free tickets are required to participate and will be available through squadron orderly rooms, the Retiree Activities Office and the Public Affairs office. This free event is open to all VAFB free ticket holders that are active duty and their families; military retirees and their families; and Federal Civil Service and their families, and is brought to you by the Air Force Association and Cal Poly athletic department. For more information contact Public Affairs at 6-3595. (30 SW/PA, 6-3595)
- **h. The Lompoc Concert Association:** LCA presents Grammy nominee Montana Mandolin Society on Monday, 19 Sep 05. The concert will be held in The Trinity Church of the Nazarene at 500 E. North Avenue in Lompoc at 1930. For more information, contact subscription co-chairman, Jean Jacoby at 736-8713.
- **i. Brushes and Blues Volunteers Needed:** The annual Brushes and Blues Festival is scheduled to be held at Ken Adam Park next to Allan Hancock College Lompoc campus, on Sunday, 25 Sep 05. A team of 2 or 3 Senior NCOs or CGOs is needed to coordinate all scheduling and logistics for the event. Also, additional volunteers are needed to meet and greet guests, assist with parking and to help with set up and tear down. If interested please contact the Lompoc Chamber of Commerce at 736-4567. (30 SW/PA, 6-3595)
- **j. Special Olympics:** Special Olympics is looking for volunteers to help at the Regional Games in Santa Maria on 1-2 Oct 05 The hours are from 0900—1500. Volunteers are needed to help with the running events. If anyone is interested, please e-mail <u>SrA Vanderbloom</u> or call 6-5501. (576 FLTS/TMPS)
- **k. Officer Volunteers:** Officer volunteers are being sought for ROTC Career day at Loyola Marymount University in Los Angeles. Career day is Friday, 7 Oct 05 from 1530—1700. Officers in Space Operations, Missile Maintenance, Civil Engineer, Security Forces, Medical, and Contracting are being sought. For more information and to volunteer please contact <u>Capt John Holt</u>. (30 SW/PA, 6-3595)
- 1. NAF Excess Property: The resale store in Bldg 10250 has the following items for sale; bedspreads, \$2 ea; clock radios, \$2 ea; artwork, \$3 ea; VCRs, \$33 ea; lamps, \$2; vacuum jugs, new, \$1, ea. Call the resale store at 6-5908 for details. (30 MSG/SVML/6-9704)

m. Military Appreciation Night: Military Appreciation Night will be held at the Allan Hancock College and Moorpark College football game on Saturday, 5 Nov 05. Free BBQ and tailgate party will begin at 1700 with free admittance to the football game at 1900. This "Celebrate the Veteran" event is open to all active duty military and their families and to all veterans and their families. (30 SW/PA, 6-3595)

Family Support Center: (30 MSS/DPF, 6-0039)

- **a. Family Services:** Family Services is now open at their new location, Bldg 8339, at the corner of 8th and New Mexico (Base Supply Office). Their hours of operation have been *changed* to Mondays and Wednesdays 1000—1400. You can also call 606-5484 for Airmen's Attic information.
- **b. Portable Career & Virtual Assistant Training Program:** This training program is a comprehensive 14 hour training for military spouses who have a minimum of 2 years of administrative support experience, internet access and strong desire for employment or employment change. Application deadline is 9 Sep 05. If you would like to participate in this training program, please complete and submit the online application at: http://www.msvas.com/application_vandenberg.htm. For more information about this training please contact Linda Bastine or Sally Galligan at 6-0039.

Education Center: (30 MSS/DPHE)

Upcoming Education Programs: Airmen are you interested in applying for the next Airman Scholarship and Commissioning Program (ASCP) or Professional Officer Course – Early Release Program (POC-ERP) selection boards? Your application packages need to be submitted by 15 Oct 05. Airman Education and Commissioning Program (AECP) program applications need to be submitted by 1 Mar 06. For more information and submission guidelines please go to http://www.afoats.af.mil/, click on Air Force ROTC programs, and finally Enlisted Commissioning. For additional questions, please contact the Education Center at 5-5904.

Health and Wellness Center: (30 MDOS/SGOAZ, 6-2221)

Risk Reduction Series for Cholesterol, Diabetes and Blood Pressure Education: Weekly classes, Thursdays 1300—1500, instructed by a Registered Dietitian and Diet Technician. Topics covered include: Diabetes Life Style and Meal Planning, Cholesterol Risk and Heart Healthy Eating, High Blood Pressure Education and the DASH Diet. 1st Thursday of the month is Diabetes, 2nd Thursday, Cholesterol, and the 3rd Thursday is the High Blood Pressure Ed. The follow up classes are also on Thursdays from 1200—1300.

Chapel: (30 SW/HC, 6-5773)

a. Worship Schedule:

Catholic Mass:	Saturday	1700	Chapel 2	Protestant Service	es:		
Confessions	Saturday	1615—1645	Chapel 2	Praise & Worship	Sunday	0830	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

- **b. Vandenberg Jewish Community Classes:** The Vandenberg Jewish Community is offering the following classes: Children's Hebrew and Bar Mitzvah classes, adult Hebrew and religion classes. Classes are held every Tuesday night at 1800 at the Vandenberg Religious Education Center. Please call MSgt Teri Brady at 734-3870, for more information or to enroll.
- **c. Monthly Spiritual Fitness Breakfast:** The 30 Space Wing Chaplain Service is hosting this month's Prayer Breakfast at 0630 on Thursday, 8 Sept 05 at Chapel 1 Annex. Our guest speaker is Maj Michael Scaffer, 30 SW/XPO. Breakfast will be served. Make this a part of your spiritual fitness regime!

30th Services Division: (30 MSG/SVK, 6-0276)

Services Bulletin: Check out Services Events under the Services Bulletin on the <u>30th Services</u> website. (30 MSG/SVK)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Learn Introduction to Computers—a basic class for beginners; Word 2003 Basic, Intermediate, and Advanced; Excel 2003 Basic, Intermediate, and Advanced; PowerPoint 2003; Access 2003 Basic, Intermediate, and Advanced; Project 2000; Publisher 2003; Outlook 2003; PWRR, and LAN Access Training (a class specifically for those in process of getting an network/e-mail account). Call 6-3771 for more details, or e-mail. James.Wooding.ctr@vandenberg.af.mil. Contractors may now make reservations, in advance, for all-classes, but, are considered to be registering on a "space available basis" for

the 3-hour session classes. **NOTE:** To register for Workgroup Manager classes, contact <u>TSgt</u> Suzann.Abrams-Bowen.

- **b. Computer Tip:** Hide Excel values with a null format sometimes you may want to hide values in certain cells. You can do this by assigning a null number format to the cells. To do so, select the appropriate cells and choose "Cells" from the Format menu. Select "Custom" from the Category list box, then, in the Type text box, enter three semicolons (;;;). Finally, click OK.
- c. Scheduled Classes: Note: Walk-ins are always welcome!

Class	Date(s)	Time	Bldg
Outlook - Rules & Organizing Email	7 Sep	1130—1230	9360
Internet Explorer - Tips and Tricks	9 Sep	1130—1230	9360
Excel - Formatting Worksheets	12 Sep	1130—1230	9360
Excel 2003 Intermediate	12 Sep	1300—1600	9360
LAN Access Training	12 Sep	0800—1100	9360
Workgroup Managers Course	12-16 Sep	0800—1600	6510
Excel 2003 Advanced	13 Sep	1300—1600	9360
Word 2003 Basic	13-16 Sep	0800—1100	9360
Photo - Panorama	14 Sep	1130—1230	9360
PWRR V.2	14 Sep	1300—1600	9360
IAAP Managers	14 Sep	0800—1130	6525
Toolbar Mastery	15 Sep	1300—1600	9360
Outlook 2003 - New Features	16 Sep	1130—1230	9360
LAN Access Training	16 Sep	1300—1600	9360

Items for Sale:

For Sale: 2003 Mustang GT, 42K mi, black, aftermarket 18" chrome wheels & tires, flow master exhaust, 5-spd, all power w/leather, 6-disc CD, Mach 460 sound, \$17,750/obo. Call Jeff at 294-0243.

For Sale: 2002 Volvo C70 convertible, 46K, asking \$28,000, please call 705-9571.

For Sale: 2002 Toyota Tacoma 4 X 4 extended cab,46K mi, V6, front grill, AFM alloy rims, lockers. Call 291-0347.

For Sale: 2002 Pontiac Grand AM SE1, power everything, CC, auto, CD, new tires, 50K mi, KBB/\$7,815, asking \$7,400. Call 734-1417.

For Sale: 2002 Honda Accord LX 2DR. 5-spd manual. AC/PS/PW/PDL C/C, tilt wheel, AM/FM stereo, CD, dual front airbags, 35,700 mi, new tires. KBB/\$13,500 asking \$12,000/obo. Please call 588-5611.

For Sale: 2001 Honda Accord EX Sedan, 95K, 5-spd, silver, asking \$8,500/obo. Please call 588-4767.

For Sale: 2000 Acura Integra GS-R, 60K, 5-spd, black, custom wheels, tinted windows. Asking \$14,000/obo. Please call 588-4767.

For Sale: 1995 Toyota 4-Runner SR5 2WD, AT, V6, 2,230 mi on re-build, gold, new tires. Asking \$7,500. Can see at Base Used Car Sales Lot. Call Dan at 591-9588.

For Sale: 1995 Mustang convertible, excellent condition. New convertible top, new CD, needs new engine, asking \$1,000/obo. Call Julie at 735-3419/evenings.

For Sale: 1990 Acura Integra RS, 140K, 4DR, manual trans, very clean interior, minor scratches/dents. Runs great. Asking \$2,400/obo. Call Dan or Sabrina at 734-1766 or (530) 863-0487.

For Sale: GE refrigerator, black, 25.5 CU ft, side by side w/filtered water, ice maker in door, excellent condition, 2-years-old, asking \$500. Call 734-1402.

For Sale: Solid oak microwave/TV stand w/swivel top, \$40. Kenmore washer, great condition, \$75. Call 734-0980.

For Sale: Oak wood breakfast bar table w/2 oak wood chairs, great condition, hardly used. Must sell, asking \$200. Please call 714-7920.

For Sale: Trundle bed, \$40, call Julie at 735-3419/evenings.

For Sale: Brand new Craftsman self-propelled lawnmower, paid \$300 asking \$150. Like new weight bench, \$75; new Murray 15-spd mountain bike, \$50; loveseat, \$40. Call Zeke at 680-8423 only after 1700.

For Sale: Char Broil 3 burner gas grill w/side burner and lighted hood. Like new, bought for \$199 without propane bottle, will sell for \$125 firm w/bottle. Please call James at 291-2319.

For Sale: Trek Navigator 100, brand new (never used), optimal condition, paid \$350, will sell for \$200 (firm price). Call evenings at 736-0370.

For Sale: Monster 120 watt guitar tube amplifier, ½ stack with 4 12" speakers, \$500. Call Mike 734-0597.

For Sale: X-box with (3) controllers; games: Halo I and II, Links 2004, Project Gotham 2, Full Spectrum Warrior, Amped 2, Mech Assualt, Star Wars the Clone Wars, \$280/obo. Call 478-9073.

For Sale: Body by Jake weight lifting equipment: 1 weight bench, 1 25-lb lift bar; 2 2.5-lb, 2 5-lb, 4 10-lb, 2 35-lb, and 2 45-lb lead weights. Excellent condition, asking \$250/obo, please call 934-3847.

For Sale: Smooth 7.1 treadmill (like new) and Weider Platinum Cross Bar Plus, asking \$2,500/obo for both. (3) JL 12 W6 speakers w/unfinished custom box, asking \$500/obo. Please call 588-4767.

For Sale: 8 drawer dresser w/tri-fold mirror, \$250; CA king double pedestal waterbed w/12 drawers, and mirrored headboard, \$150; Craftsman 4-in-1 yard vacuum, \$200. Please call 734-1337.

For Sale: Crib w/mattress, changing table in very good condition, \$50. Please call Thomas or Rebecca at 734-0774 after 1630.

For Sale: Sofa, \$100; entertainment center, \$25, call 736-7971.

For Sale: Kenmore Elite dryer for king size capacity. Asking \$200/obo, please call Rick at 680-3153.

For Sale: Washing machine, has optional extra rinse cycle. Asking \$65. Call Jerrid at 588-9862.

For Sale: Computer desk, \$75/obo. Queen-size mattress w/box spring set, \$125; navy blue leather couch, \$300/obo; light blue couch, \$100/obo; green couch & matching wingback armchair, \$150, call 734-9185.

For Sale: PS2 (slim) game system; plus 6 games, DVD remote, (2) memory cards, extra controller. Selling all for \$200, call Phil at 734-2718.

For Sale: Kenwood Stereo System w/Bose 501 Speakers, \$350, Pioneer Laserdisc Player w/20 movies/karaoke, \$150. Call 734-1630.

For Sale: (1) 5-drawer filing cabinet, \$50; (1) 2-drawer filing cabinet, \$20. Cherry dining room table w/6 chairs, asking \$700. Call 734-1630.

For Sale: Jack Russell Terrier, papered, shots current. All white except brown ring around right eye. House broken, very smart and great w/children. Asking \$200 w/all accessories incl. Call Ryan at 588-7690.

For Sale: Rottweiler, 18-mos-old female. Spayed and current on shots. Very sweet, great w/kids. Crate trained & has received some formal obedience training. Asking \$100, call 734-9138.

For Lease: (1) Infant slot available to lease for 5 weeks at the CDC, available 12 Sep 05—14 Oct 05. Part time use is negotiable. Call Gabrielle or DeShawn at 734-0797.

Free: Mid-sized dog to a good home, please call Craig at 734-1272.

Free: King size metal bed frame and box springs. Call Jesse at 717-4176.

Wanted: Odd jobs; mowing lawns, weeding, gardening, etc. Please call Lonnie at 736-4925.

Wanted: Computer monitor. Call Jerry at 406-9955 after 1700.

Wanted: Weekly house cleaner for 2-story, 3 bedroom home on main base. Call Sharon at 734-5559 after 1800.